



PERIMENOPAUSE & MENOPAUSE IN WOMEN

Join us for a special event exclusively for women to talk about perimenopause and menopause in women

Thursday, November 29 at 5:30 p.m.
Kaiser Permanente Baldwin Park Medical Center
1011 Baldwin Park Blvd., Baldwin Park, CA 91706
(Basement Conference Room B-2)



Board certified in
Obstetrics and
Gynecology

Join **Asma Saraj, MD, Obstetrician/Gynecologist**, as she leads a discussion on perimenopause and menopause in women. Learn about the major health related issues and how to prevent risks that increase after menopause. Identify current symptoms and future signs to help women understand the transition.

For more information or to RSVP for this event, call 626-851-7763

This event is **FREE** and open to **ALL** women.

Friends and family of Kaiser Permanente members are welcome to attend. All who attend will be eligible to win a gift basket.