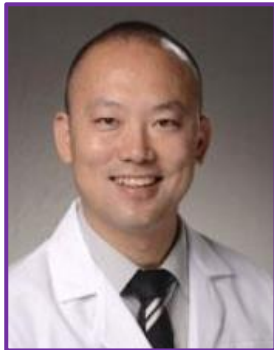


WEIGHT MANAGEMENT IN WOMEN

Join us for a **FREE Virtual Health Talk for Women**

- **When: Tuesday, April 13, 2021**
- **Time: 5:30 PM - 6:30 PM**



Board certified
Family Medicine

Join **Timothy Yeh, MD, Family Medicine**, as he leads a discussion on weight management in women. Learn about lifestyle and dietary changes that can help lead to sustained weight loss and improving or preventing chronic diseases.

For more information or to RSVP for this event, call 626-851-7763

Once you have registered, you'll need the following to join this virtual health talk:

1

kp.org account
Not registered? Visit
kp.org/registernow

2

Computer, smartphone,
or tablet with a secure,
reliable internet
connection.

3

One of these browsers:

- Google Chrome
- Mozilla Firefox
- Apple Safari

Internet Explorer is not
supported.

4

Download the
following free
application:
Microsoft TEAMS

This event is **FREE** and open to **ALL** women. **RSVP** by April 12th. Friends and family of Kaiser Permanente members are welcome to attend. All who attend will be eligible to win a gift basket.

