



City of Baldwin Park



Department of Recreation and Community Services

TUFF KIDS WRESTLING CLUB

TUFF KIDZ HEADQUARTERS

TRAINING CENTER #1

13020 FRANCISQUITO AVE.
BALDWIN PARK, CA 91706



NEW TUFF KIDZ

TRAINING CENTER #2

4100 BALDWIN PARK BLVD.
BALDWIN PARK, CA 91706

TUFF KIDZ WRESTLING CLUB IS A YOUTH WRESTLING CLUB THAT WAS ESTABLISHED IN BALDWIN PARK IN 2001 FOR BOYS & GIRLS. WE ARE PROUD TO ANNOUNCE THAT WE ARE MOVING INTO OUR NEW HOME IN MORGAN PARK AT THE ESTHER SNYDER COMMUNITY CENTER.

Course Description

- FOR ALL BOYS & GIRLS
- UPBEAT CIRCUIT TRAINING
- SELF DEFENSE MOVES
- BASIC/ADVANCED WRESTLING MOVES
- LOCAL TOURNAMENT COMPETITIONS & MORE
- WIDE RANGE OF EXERCISE
- USE OF LIGHTWEIGHT & EXERCISE BANDS
- INSTRUCTIONAL DRILLS
- LIVE WRESTLING

FULL MMA PROGRAM WITH DISCIPLINE, HONOR AND RESPECT

Class Schedule

Tiny Tots Wrestling

Ages: 2-4 years old

Days: Wednesdays

Time: 5:15pm-5:45pm

Cost: \$15 Baldwin Park Residents
\$25 Non-residents

Inter./Advanced

Ages: 6-14 years old

Days: Tuesdays, Wednesdays, & Thursdays

Time: 6pm-7:30pm

Cost: \$40 Baldwin Park Residents
\$50 Non-residents

Beginner Classes

Ages: 4-6 years old

Days: Tuesdays, Wednesdays & Thursdays

Time: 6pm-7:30pm

Cost: \$40 Baldwin Park Residents
\$50 Non-residents

Teen Classes

Ages: 14-18 years old

Days: Mondays & Fridays

Time: 6pm-8pm

Cost: \$40 Baldwin Park Residents
\$50 Non-residents

Fees are monthly. For more information, please call (626) 813-5245, Ext. 311.

City Council

Emmanuel J. Estrada, Mayor • Monica Garcia, Mayor Pro-Tem

Councilmembers

Alejandra Avila • Jean M. Ayala • Daniel Damian

Christopher Saenz, City Clerk • Joanna Valenzuela, City Treasurer

Facebook: @BaldwinParkCAGov Instagram: @BaldwinPark_CAGov Twitter: @BaldwinParkCA_

www.baldwinpark.com



Ciudad de Baldwin Park



Departamento de Recreación y Servicios Comunitarios

CLUB DE LUCHA PARA NIÑOS TUFF KIDZ

CENTRO DE ENTRENAMIENTO

TUFF KIDZ #1

13020 FRANCISQUITO AVE.
BALDWIN PARK, CA 91706



NUEVO CENTRO DE ENTRENAMIENTO

TUFF KIDZ #2

4100 BALDWIN PARK BLVD.
BALDWIN PARK, CA 91706

EL CLUB DE LUCHA TUFF KIDZ ES UN CLUB DE LUCHA JUVENIL QUE SE ESTABLECIÓ EN BALDWIN PARK EN 2001, PARA NIÑOS Y NIÑAS. ESTAMOS ORGULLOSOS DE ANUNCIAR QUE NOS MUDAMOS A NUESTRO NUEVO HOGAR EN MORGAN PARK EN EL CENTRO COMUNITARIO ESTHER SNYDER.

Descripción del Curso

- PARA TODOS LOS NIÑOS Y NIÑAS
- ENTRENAMIENTO EN CIRCUITO OPTIMIZADO
- MOVIMIENTOS DE DEFENSA PERSONAL
- MOVIMIENTOS DE LUCHA BÁSICA/AVANZADA
- COMPETICIONES DE TORNEOS LOCALES Y MÁS
- AMPLIA GAMA DE EJERCICIO
- USO DE BANDAS Y DE PESAS LIGERAS
- EJERCICIOS DE INSTRUCCIÓN
- LUCHA EN VIVO

PROGRAMA COMPLETO DE MMA CON DISCIPLINA, HONOR Y RESPETO

Horario de Clases

Lucha Tiny Tots

Edades: 2-4 años
Días: miercoles
Horario: 5:15pm-5:45pm
Costo: \$15 Residentes de Baldwin Park
\$25 No-residentes

Inter./Avanzado

Edades: 6-14 años
Días: martes, miercoles, y jueves
Horario: 6pm-7:30pm
Costo: \$40 Residentes de Baldwin Park
\$50 No-residentes

Clase de Principiante

Edades: 4-6 años
Días: martes, miercoles, y jueves
Horario: 6pm-7:30pm
Costo: \$40 Residentes de Baldwin Park
\$50 No-residentes

Clase de Adolescente

Edades: 14-18 años
Días: lunes y viernes
Horario: 6pm-8pm
Costo: \$40 Residentes de Baldwin Park
\$50 No-residentes

Las tarifas son mensuales. Para mas información, llame al (626) 813-5245, Ext. 311.