



City of Baldwin Park



Department of Recreation and Community Services



TAE KWON DO

This class teaches children discipline, respect, and responsibility.

Tae Kwon Do also teaches participants methods to achieve full concentration, how to defend themselves, and become more aware of their surroundings. Acquiring discipline and concentration can also result in achieving better grades.

Location: Esther Snyder Community Center

Sessions: 10/11-11/4 11/8-12/16 (no class 11/11, 11/22-11/25, 12/6-12/9)

Beginner:

Ages	Days	Time	R/NR
6-17	M & TH	3:15 p.m. - 4:15 p.m.	\$65/\$70
6-17	T	5:00 p.m. - 6:00 p.m.	\$65/\$70

Beginner & White to Yellow Belts:

Ages	Days	Time	R/NR
6-17	M & TH	4:15 p.m. - 5:30 p.m.	\$65/\$70
6-17	T	5:00 p.m. - 6:00 p.m. (White)	\$65/\$70
6-17	T	6:00 p.m. - 7:00 p.m. (Yellow)	\$65/\$70

Beginner, Purple to Black Belts

Ages	Days	Time	R/NR
6-17	M & TH	5:30 p.m. - 6:30 p.m.	\$65/\$70
6-17	T	6:00 p.m. - 7:00 p.m.	\$65/\$70

Womxn Fitness

Ages	Days	Time	R/NR
16+	M, T & TH	7:15 p.m. - 8:30 p.m.	\$75/\$80

Following requirements from the County of Los Angeles Department of public health, proof of vaccination is required at registration. Weekly negative test required for participants who are not vaccinated. Facemasks required and no spectators allowed in Martial Arts Room.

(626) 813-5245, Ext 317 ● recreation@baldwinpark.com

City Council

Emmanuel J. Estrada, Mayor • Alejandra Avila, Mayor Pro-Tem

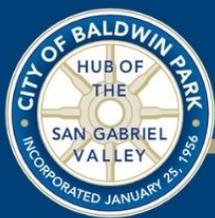
Councilmembers

Daniel Damian • Monica Garcia • Paul C. Hernandez

Marlen Garcia, City Clerk • Maria A. Contreras, City Treasurer

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www.baldwinpark.com



TAE KWON DO

Esta clase instruye a los niños disciplina, respeto y responsabilidad. Tae Kwon Do les enseña a los participantes métodos para adquirir concentración total, autodefensa, y estar más alertos de sus alrededores. La adquisición de disciplina y concentración puede resultar en lograr mejores calificaciones.



Ubicación: Centro Comunitario Esther Snyder

Sesiones: 10/11-11/4 11/8-12/16 (no clase 11/11, 11/22-11/25, 12/6-12/9)

Principiantes:

Edades	Días	Horario	R/NR
6-17	L y J	3:15 p.m. - 4:15 p.m.	\$65/\$70
6-17	Ma	5:00 p.m. - 6:00 p.m.	\$65/\$70

Principiantes y Cinturón Blanco a Amarillo

Edades	Días	Horario	R/NR
6-17	L y J	4:15 p.m. - 5:30 p.m.	\$65/\$70
6-17	Ma	5:00 p.m. - 6:00 p.m. (Blanco)	\$65/\$70
6-17	Ma	6:00 p.m. - 7:00 p.m. (Amarillo)	\$65/\$70

Principiantes y Cinturón Morado a Negro

Edades	Días	Horario	R/NR
6-17	L y J	5:30 p.m. - 6:30 p.m.	\$65/\$70
6-17	Ma	6:00 p.m. - 7:00 p.m.	\$65/\$70

Womxn Fitness

Edades	Días	Horario	R/NR
16+	L, Ma y J	7:15 p.m. - 8:30 p.m.	\$75/\$80

Seguendo los requisitos del Departamento de salud pública del condado de Los Ángeles, se requiere comprobante de vacunación al tiempo de inscripción. Se requiere una prueba negativa semanal para los participantes que no están vacunados. Se requieren cubrebocas y no se permiten los espectadores.

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Concilio

Emmanuel J. Estrada, Alcalde • Alejandra Avila, Alcalde Suplente

Miembros del Concilio

Daniel Damian • Monica Garcia • Paul C. Hernandez

Marlen Garcia, Secretaria • Maria A. Contreras, Tesorera

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